DO UT DES

"I give, so you give." w w w . d o - u t - d e s . i n f o



<u>Since:</u> 2012

Goals: Our vision is to develop a resilient, solidarity network of and for people, as part of a sustainable society.

Offers: Mediation, Consulting, Touring Exhibition

Country, City: Germany, Berlin Region: Berlin

What comes to your mind, when You read "southern hemisphere" and resilience? Strength, wisdom and action, or chaos, poverty and destruction?



Just take a look at the following projects and be surprised with what methods people are achieving successfully resilient autonomy!

We are convinced that not just southern projects can learn from each other but also that the northern cultures can learn a lot about "sustainability" from the South.

To be honest, almost any ecological movement started with people from the North travelling to the South in order to acquire knowledge on natural lifestyles, indigenous knowledge and spirituality.

The former Do-Ut-Des-Exhibition at the EUPC 2012 in Escherode.

Studio

Ansoge

enatsverwaltung für Wirtschaf echnologie und Forschung

Do-Ut-Des is a project of:



With the friendly assistance of:



doutdes

Stiftung Pfefferwerk





Bundesministerium für wirtschaftliche Zusammenarbeit und Entwicklung

CUALTI

"The revolution starts in your garden!" www.cualtimexico.info



<u>Since:</u> 2009

Goals: We want to teach the people about urban permaculture and the potential of urban farming. **Offers:** Workshops, Seminars, Volunteering Country, City: Mexico, Mexico City Region: Mexico City D.F.

WHAT WE DO:

We are a collective of ten people from a variety of disciplines. Under the principles of permaculture, we are running urban agriculture on the rooftops of the inner city. We finance ourselves through workshops that we give, plants, seedlings and self-made products, that we sell.



By practising *Teqio* - a traditional way of collective labour - and *Treque* - a traditional way of bartering we get in contact with people in and around the city. This enables us to gather new experiences and spread our knowledge.

Beside this we preserve the wetlands of Xochimilco, Mexico City's largest nature sanctuary which is listed by the UNESCO as World Cultural Heritage. Xochimilco is worldwide known for it's "swimming gardens", mud covered and planted rafts – the chinampas. Building up a green community roof garden with locals in San Lorenzo Tezonco, Mexico City D.F.



Harvesting veggies with workshop participants and locals on the green roof top garden in San Juan/Mexico City build by CUALTI



NAWAYA "Plant the seed of true sustainability!" www.nawayaegypt.orga



<u>Since:</u> 2011

<u>Goals:</u> "Our vision is the co-creation of self-reliant, bountiful and resilient Egyptian communities." <u>Offers:</u> Workshops and Volunteering Country, City: Egypt, Cairo Region: Cairo

WHAT WE DO:

We are a team of young professionals, inspired by the Revolution to collaborate with partners as diverse as the challenges faced by rural Egypt. We are proponents of sustainable agriculture as the core driver for productive communities that flourish from the bottom-up.



Our initiative, "NAWAYA", recognizes the need for development goals that are pro-poor as well as promote social and environmental justice. Our main goal is to train people from rural regions in resilient and sustainable agriculture, step by step.

We want to achieve this by involving the locals in planning, design and organisation, by training and advice as well as by collaborative realisation. Workshop on Effective Micro-organisms - under the table, Nawaya's first green product: Bokashi kits to make super-compost.



With advice, participants making "rocket stoves", a very efficient substitute for a common stove.



BADILISHA

"Think global, act local!" www.badilisha.net



<u>Since:</u> 2008

Goals: "Our vision is that all people in the world live together in a way that supports mother earth as well as respects each other's needs." **Offers:** Workshops, Seminars, Volunteering

Country, City: Kenya, Mbita Point Region: Rusinga Island

WHAT WE DO:

We try to meet the challenges Rusinga Island is facing and to promote the Sustainable Development Goals. The people of the Island are confronted with a general lack of basic needs, which are get even worse by climate change, HIV/AIDS and global inequality.



BADILISHA has emerged as a response to these challenges by using the ethics and practical solutions of permaculture. Up to now we established a mandala garden, a food forest, a chicken house, a resource center with a small permaculture library, a compost, a education hall and a support program for orphans.

We want make a valuable contribution to the social, economic, emotional, mental, spiritual and physical health of Rusinga Island, by offering workshops and opportunities of self-empowerment.

Community members working at Badilisha



With basic materials it's possible to build a working irrigation system. UV-rays are passing through PET and kill germs.



PORET

"Thy food is thy medicine." www.poret-zimbabwe.org



<u>Since:</u> 2006

Goals: "My choice is to work at home - developing something sustainable, something that will contribute light, improve the standard of living, in these very communities that raised me." (Julious Piti) **Offers:** Permaculture workshops & -trainings

Country, City: Simbabwe, Mutare Region: Manicaland

WHAT WE DO:

PORET stands for Participatory Organic Research Extension and Training.

The project is dedicated to improving the

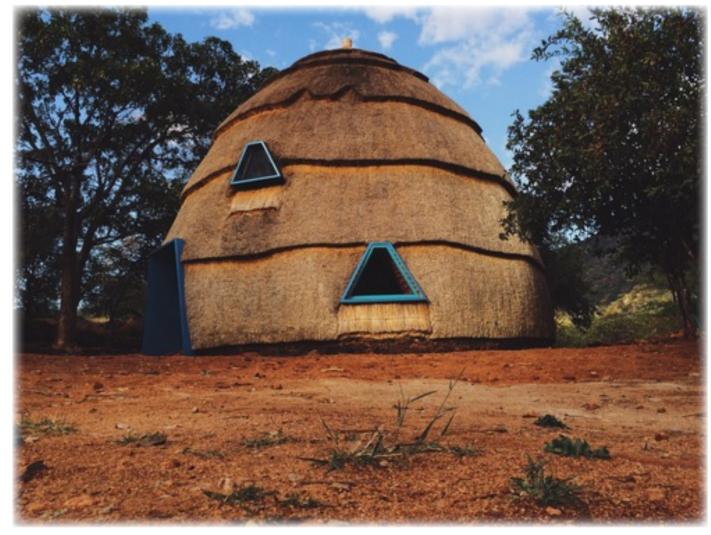


position of local farmers, access and use of resources, means of production and participation in decision making process.

The main focus lies in creating practical examples to learn from. This includes the maintenance and expansion of the Chaseyama Project Base as a Permaculture Training Centre, supporting other farmers in adopting the techniques on their own land and become an example for others.

Our education centre with kindergarden and library serves as a learning & meeting point for the farmers and their families. These enables us to show films, to give health instructions and to teach young people about permaculture and HIV prevention.

Julious Piti introducing the tree nursery of PORET.



The new updated Kindergarden. Throughout the week there are lessons for young children and also for adults during the weekend.



HO AVI

"We don't move into future, we build it." www.hoavi.org



<u>Since:</u> 2007

Goals: We want to provide environmental education and training, offer sustainable employment and a garden and research centre. **Offers:** Research, Eco-Tourism, Volunteering

Country, City: Madagaskar, Ranobe Region: Anosy

WHAT WE DO:

HO AVI is a collaborative project of a Czech organisation, an US American NPO and a village community in the south-west of Madagascar.



Our key activities are focused on (1) environmental education and training to share values, preservation and sustainable use of the natural resources. (2) Supply of sustainable livelihood opportunities and and alternatives to conventional sources of energy. For example solar power-plants and bio-fuel in place of charcoal and gasoline. (3) A tree nursery for local woods and reforesting. (4) Participatory research to learn about the ecology and regeneration of frequently harvested tree species.

Our major challenges are Clear-cuttings for coal production, poverty, food insecurity and droughts.

Protection against sun and heavy rain of ca. 4.000 young plants.



The new sustainable accommodation is ready.



OTEPIC

"Come together in communities" www.otepic.org



<u>Since</u>:2008

<u>Goals</u>: Our goal is to grow abundance in mixed cultures – without any chemicals. <u>Offers</u>: Permaculture Workshops and Courses for

Farmers and Locals.

Country, City: Kenya, Kitale Region: Kitale

WHAT WE DO:

Our main vision is to have a blooming, independent future with food, water, clean energy and peace prevalence irrespective of their past.



We empower communities to grow and enjoy their own food through providing grass root education in skills of sustainability. Since 2008 we have taught more than 2000 local farmers, women and youth in ecological agriculture, permaculture, peace education, renewable energy technologies. Moreover we promoted innovative activities to improve the living standard of the people.

We created two demonstration gardens in the poorest neighbourhoods of Kitale - a learning garden in Mitume and the Amani Garden in Bidii. We want to inspire our communities with perspectives and teach them community-based approaches to sustainable development. In follow-up seminars we visit the participants to help and guide them.

Cultivation of vegetables on cuttings of banana-plants.



Planting of vegetables on the new beds.



Ghana Permaculture Institute "Waste less, share more!" www.permacultureghana.wordpress.com



<u>Since:</u> 2008

Goals: We want to expand the Permaculture Institute in order to host and teach more people. Offers: Workshops, Courses, Volunteering, Contribution of Moringa Products

Country, City: Ghana, Techiman Region: Brong-Ahafo

WHAT WE DO:

Issues in Ghana are poverty, rural-urban migration and no access to education in the field of sustainable society development.

We deal with these challenges by spreading the knowledge on sustainable solutions based on the methods of permaculture. Hence, the GHANA PERMACULTURE INSTITUTE conducts different projects in Techiman and many other regions of Ghana



With a micro-loan scheme we empower women to realize their own projects. Also we hold workshops in healthy nourishment, business management, home gardening etc., while introducing people to permacultural methods.

We distribute seeds and other materials and had good experiences with the production of moringa soap, mushroom cultivation, ecological cacao farming, tree nurseries and agro-forestry/alley-cropping. Up to 20.000 young plants find shelter in the nursery.



Storage room for bags filled with substrate and fungal spores.



PANYA PROJECT

"We have to be the change, we wish to see in the world." www.panyaproject.org



<u>Since:</u> 2006

Goals: We want to share and gain new knowledge on sustainable life based on permaculture Offers: Internships, Courses for Sustainable Building, Workshops, Permaculture Courses

Country, City: Thailand, Mae Taeng Region: Chiang Mai

WHAT WE DO:

As a community we are dedicated to living a sustainable life in tune with each other and the nature. We are very passionate about sharing our knowledge, ideas and inspiration. We are also eager to learn from you.



We experiment and promote an integrally sustainable way of living in the wet/dry tropics. This project aims for sustainability not only in the physical environment, but also in the social environment, our physical bodies and the spiritual, emotional and intellectual realms.

On the four hectares site, is the educational centre implanted. There, we frequently held permaculture course and workshops on sustainable building.

Adjacent to the project is the Pun Pun Educational Centre, a seed saving centre and education centre for SE Asian activists and international sustainable living enthusiasts. The communal structure -Sala- at the Panja Project.



The kitchen garden is build right in front of Sala and kitchen. Keeping the distance small for watering and daily harvesting.



GUÉDÉ CHANTIER

"No one can possess his own mother and no one can make earth his property." www.guedechantier.com



<u>Since:</u> 2002

Goals: We want to reduce the waste production within the next 10 years and facilitate old build-ings with sanitation.

Offers: Volunteering, via request.

Country, City: Senegal, Guédé Chantier Region: Médina Fresbé

WHAT WE DO:

GUÉDÉ CHANTIER is a thriving Eco-Community with approximately 7,000 inhabits and is located on the banks of the Doué River in the Senegal River valley.



The Community was founded to improve the living conditions, which were degraded through the colonial politics. Our community is striving to preserve its traditions, protect biodiversity and intends to be a living learning centre.

At the Genetic Resource Centre we cultivate plants and different tree species, we give workshops in composting techniques and in chemical free pest control. Moreover we distribute free seeds to local farmers.

Other projects are a fish farm, a computer center, a community library, the expansion of the intermediate school, the production of cooking gas, an environmental centre and a radio-station.

Many kids are joining the school action day against plastic waste.



Behind the Genetic Resource Centre is the big garden for plant proliferation and seed production.



TIERRAMOR

"[...] as longer a way is, the more important it seems, to start walking it resolutely."

www.tierramor.org



<u>Since:</u> 1999

Goals: Our major goal is to teach others what

we've learned and to learn from others.

Offers: Courses, Workshops, Consulting Servic-

es, Volunteering

Country, City: Mexico, Erongarícuaro Region: Michoacán

WHAT WE DO:

Our family initiative, TIERRAMOR, wants to support a sustainable human development and the spread of permaculture. We are looking for new ways of sustainable living under ecological, social, emotional and spiritual aspects. We search and support solutions to face these holistic challenges.



Our prior activities are Natural building or "Bio Construction" with natural and recycling materials such as:

(1) Renewable energies like solar power, wind power and geothermal energy.

(2) On-site water management systems, for example rainwater harvesting and grey-water recycling - reprocessing of sewage from kitchen or bathroom. Thereby permaculture is a useful tool of sustainability.

The compost toilet in the garden.



Community Centre with the garden -"zone1" and "zone2".



MOLINOS VERDES DE MORINGA

"Be part of the change" www.mvmoringa.com



Since: 2010

Goals: We want to create a sustainable world based on the principle of permaculture Offers: Lectures, Workshops, Consulting, Permaculture Design Systems

Country, City: Costa Rica, San Jose Region: San Jose

WHAT WE DO:

We are an initiative that offers simple and versatile solutions in order to work with nature - adapting to different situations. We also offer educational resources, advice and



create collaborative networks.

Our fields of work are: urban gardening, natural building, clean energy, water management, responsible consumption.

Our focus is to learn, apply and share practical solutions for sustainable development by using permaculture. We work everyday to integrate the principles of caring for the planet, caring for people and share the surplus.

Ways in which we incorporated these ideas are: edible gardens design, selection of healthy and environmentally friendly food, modular and efficient solutions for everyday, reuse of materials, and smart shopping.

Urban gardening techniques.



Working on horizontal gardening.



Ndanifor Permaculture Eco Village "African Way of Permacuture" www.betterworld-cameroon.com



<u>Since</u>: 1996

Goals: Our vision is to support the sustainable growth and development of the region. **Offers :** Workshops, Permaculture Design Courses, Volunteering (Weltwärts)

Country, City: Cameroon, Bafut Region: Bamenda, Mezam Division

What we do:

We are a Permaculture Demonstration Site and Center for Environmental Education and Sustainable Food Production. On our Land, we organically grow food crops and use products made from our produce. This includes the planting of native tree species, composting for soil fertility, inter-cropping and water catchment protection.



One of our fundamental efforts has been to build up stable humus in the soil through composting. This organic farming has produced high yields of nutritious and high quality food.

With the acquirement of another three acres of adjacent land on the east edge, we will be able to cultivate more and construct the Learning Centre and Eco-Lodge.

In 2016 we are welcoming the Ecovillage Design Education Course (EDE) of the Global Ecovillage Network (GEN).

Cultivation of the field at the Permaculture Demonstration Site.



Late afternoon light on the site from the entrance road.



BIZUNG SCHOOL OF MUSIC AND DANCE

"Playing for Change" www.playingforchange.org



<u>Since</u>:2010

<u>Goals</u>: We want to double the number of students and connect the world through Music. <u>Offers</u>: Courses in Drumming, Dance, Xylophone, Gonje and Vocals.

Country, City: Ghana, Tamale Region: Northern Ghana

WHAT WE DO:

Our vision is to create positive change through music and arts education. We are a part of the global "playing for change" movement engaged in community development



and empowerment throughout the regions and beyond.

We offer music and dance classes that are rooted in the traditional style of Northern Ghana. Our projects also help to meet essential needs of the community. This include the provision of aid such as food, clean water, medicine, clothes, books, school supplies, solar energy, computers, and other modern technology.

And critically important to children, particularly those who are vulnerable due to poverty, conflict, drugs, and neglect, is that learning music increases self-esteem and fosters resilience and joy.

2015: We are happy to establish our own biological garden.



Dance and Music course at Bizung School.



Uganda Youth skills Training Project

"Children are the future "

www.ugyouthskillstraningproject.com



<u>Since</u> 2007

Goals: We want to make a contribution to young people`s personal development in order to obtain sustainable skills in Uganda **Offers:** Workshop, Work Camps, Capacity Build-ing, Volunteering.

Country; City: Uganda; Kampala Region: Kampala

WHAT WE DO:

UGANDA YOUTH SKILLS TRAINING PROJECT was established in 2004 by Turyatunga Bob Maahe with the idea of contributing to the improvement of young people's life. This is to be achieved through school and community based education in response to sustainable skills.



Our Objectives are (1) to equip the youth with vocational and technical skills, (2) to contribute towards environmental conservation and management and (3) to provide financial material and moral support to vulnerable youth.

We do our best to enlighten them in topics such as HIV/AIDS and early pregnancy. We want to empower the youths to become self-confident and dedicated young adults in order to face the challenges of poverty and globalisation.

Computer training course at the Community Resource Centre.



Youth skill training during the climate impact day.

